



Anxiety – Wisdom Builders Team

[wisdombuilders.com/proven-product-program/anxiety](https://www.wisdombuilders.com/proven-product-program/anxiety)

Anxiety

Read the Q&A "Anxiety" post for more information

NeoLife products are not intended to diagnose, treat or cure any disease. (3/2018)

GOOD

Product Name	Quantity	Notes
Pro Vitality	1 packet	morning
NeoLifeShake	1 serving	serving (2 scoops per serving)
Lipotropic Adjunct	2 tablets	with Pro Vitality
Acidophilus Plus	1 capsule	morning
CalMag	4 tablets	divided morning and evening
MultiMin	1-2 MultiMin	w/ ProVitality or afternoon

Add one Salmon Oil Plus, one MultiMin and one Super B in afternoon as needed for additional support.

BETTER

Product Name	Quantity	Notes
Pro Vitality	1 packet	morning w/ food
NeoLifeShake	1-2 servings	morning, afternoon